



DELTA EDUCATION AND CHARITABLE FOUNDATION

Education, Scholarships and Services

P.O. Box 42227
Houston, Texas 77242-2227

Together Everyone Achieves More

DECF NEWS/UPDATES

Executive Board Meeting
TBA

Foundation

Mardi Gras Gala Meeting
Tuesday -January 3, 2023
6:30 pm

Integrated Missionary Church
4910 Martin Luther King Blvd.
Houston, TX 77021

Membership Services
Membership in DECF is
open. Contact Daphne Moss,
Chair or visit decfonline.com
for additional information.

Community Service
Projects are Welcomed

Hot Topics
News You Can Use

Health Information

Monthly Health
Observances

SAVE THE DATE!
Carnivale Mystique
Mardi Gras
Scholarship Fundraiser
February 25, 2023
Tickets are Available

Season Greetings,

On January 1st the calendar will start fresh. The days of tomorrow are clean and ready for a new beginning. We celebrate to the fullest with whistles blowing, fire crackers bursting and “toast-raising” moments, for we know it is the threshold between the old and the new.

Be reminded that our heavenly Father created the earth and the fullness thereof and established the seasons that complete each year. As the New Year begins, help us to be better live, give and serve as we go through 2023 full of possibilities and promises. Throughout the coming months make the most of each opportunity and be reminded of God’s unfailing love.

May 2023 be your best year yet bringing lots of love, laughter, joy and good fortunes. May the peace of God and all of his blessings be with each of you.



Pamela Cashan, President

Dave Moss, President Emeritus



HOT TOPICS



Avoiding Drunk Drivers and Staying Safe on New Year's Eve and Always

The holidays are a special time when we get together to celebrate with family and friends. Those times of celebration almost always include alcohol, so on New Year's Eve, the advice "drink responsibly" could not be more important. New Year's Eve is the one night of the year that you can almost guarantee that you will encounter other drivers who are impaired by alcohol. Let's enjoy the holiday in the safest possible way.

Tips for defensive driving on New Year's Eve (and the rest of the year):

- Give other drivers all the room they need. Keeping a safe driving distance between you and the car ahead of you is always important.
- Be attentive as you drive, be aware of your surroundings, and be ready to take evasive action if and when it becomes necessary.
- Keep an eye out for drunken pedestrians too. There will be people walking around who have had too much to drink. Drive slowly around pedestrians, for their sake and for your own. Be easy to see. Use your turn signals, make sure your headlights are on, and do not be shy about using your car horn if you need to.
- Don't drink and drive. If you plan to go out and drink, call an Uber or borrow your friend's couch for the night. If you see that a friend has had too much to drink, call them a ride so that they do not drive drunk.

It's not worth drinking and driving to avoid incidents, injuries, and crash fatalities. If you plan to indulge in your favorite libations this holiday weekend, plan ahead and have a driver or a safe way to get home. Stores that sell our favorite spirit beverages will be closed 61 hours during 2023 New Year's celebrations. As we all know (unless you didn't for some reason) it's illegal, under the law put forth by the Texas Alcoholic Beverage Commission (TABC), to purchase alcohol on Sunday. In other words, under state law, sales are not allowed following the Monday when those days fall on a Sunday. And this year, New Year's Day fall on a Sunday, meaning the stores will be closed for extended periods, 61 hours. So be mindful when celebrating the holidays, the sales of those beverages won't be available in-store until the following Tuesday. The holidays are a time of celebration, joy, and cheer. Stay safe during the holidays and throughout the year.

Celebrating the New Year in Houston

Mayor Turner, Police Chief Finner, fire officials and others are asking Houstonians to ring in the New Year without driving intoxicated, lighting fireworks in forbidden areas or firing guns into the air.

- Discharging firearms is a Class A misdemeanor, punishable by up to one year in jail and a \$4,000 fine.
- Fireworks are illegal within the City of Houston. Possessing or using fireworks within city limits could carry a \$500 - \$2000 penalty for each individual firework.
- Fireworks are illegal in Houston and in the limited purpose annexation areas in Harris County. Fireworks are legal to use in unincorporated areas of Harris County. However, they cannot be used near churches, hospitals, asylums, and licensed child care centers.
- We survived the Artic Freeze in Houston, let's celebrate the coming of a New Year Safely



HEALTH TOPICS

JANUARY 2023 HEALTH OBSERVANCES

Here are the important January health awareness days

Jan. 1—7: Diet Resolution Week

Losing weight is always the top resolution people make in the New Year. Every year, from January 1 to January 7, Diet Resolution Week is observed. The first week of the year is ideal for making a resolve to diet and eat sensibly. It is never too late to begin eating more healthfully. When it comes to improving our quality of life and having more energy as we grow older, making dietary changes may go a long way. It benefits both our physical health and our emotional wellness. Keeping track of what we eat is an important element of self-care.

Blood Donor Month

The month of January is usually a period of critical blood shortages. People stop donating blood during the holidays and when they get sick during cold and flu season, blood shortages have occurred. Blood drives also get snowed out during the winter months. More than 50 years ago — on December 31, 1969 — the president of the United States signed a proclamation designating January as National Blood Donor Month (NBDM). The new monthly observance was meant to honor voluntary blood donors and to encourage more people to give blood at a time when more blood is needed.

Blood donations have decreased significantly since the start of COVID-19. Less than 10 percent of people eligible to give blood are donating, according to the American Red Cross.

Financial Wellness Month

While we can't change the higher cost of living, we can adapt our life and spending habits to improve our financial wellness. Managing a budget wisely is important for both mental and physical health. Financial Wellness Month is observed throughout January and was created to remind us to pay closer attention to our financial wellbeing. It comes right after the hustle, bustle, and spending that comes with the holiday season, to help us slow down and prepare our finances for the new year and our lives as a whole. Finances have been a cause of concern in human lives for as long as money has existed. It's the key to unlocking all our material desires, but can also be our downfall and a source of frustration when it isn't managed properly. That is why Financial Wellness Month exists, to serve as a reminder for us to prioritize our financial wellbeing.

Cervical Health Month

Cervical Health Awareness Month is marked every year in January to encourage women to be more attentive to their health. Cervical health is one aspect of health that many women neglect throughout their lives. By becoming more knowledgeable about this, women can detect any health issues at an early stage and get access to the best treatment.

Thyroid Awareness - Did you know, more than half of the people in America that suffer from a thyroid disorder are undiagnosed? Raising awareness about the thyroid is important because it plays a significant role in the human body. The thyroid is a small butterfly shaped gland located just above your collarbone and in front of the windpipe. This gland controls important functions such as regulating breathing, heart rate, body weight, muscle strength, cholesterol, and body temperature. Thyroid disease refers to a number of conditions that affect how the gland functions. The thyroid can be either overactive or underactive and both conditions can lead to health problems. Two of the most common thyroid diseases are hyperthyroidism and hypothyroidism. Thyroid conditions are all treatable. Thyroid disorders can be treated by medications or, in some cases, surgery. Treatment will depend on the particular disease of the thyroid. Thyroid awareness is key to helping people recognize the symptoms of thyroid problems. With better awareness, people will know when to talk to their doctors about testing and treatment. Thyroid conditions are relatively common and usually treatable.



For Immediate Release
Delta Education and Charitable Foundation
Invites You To
"Carnivale Mystique" - Mardi Gras Gala
Annual Scholarship Fundraiser



When: February 25, 2023 - 7:00 p.m. - 12:00 a.m.

*Where: Houston Marriott Westchase Hotel
2900 Briarpark Drive - Houston, TX 77042*

Sponsor Levels:

*Diamond - \$5,000; Gold - \$3,000; Silver - \$2,000;
Bronze - \$500; Carnivale VIP - \$1,200; Krewe - \$250.*

Individual Tickets: \$75

Donations Accepted

Featuring

N.O. Hustlers Brass Band, Zulu Tramps, and TJ Tha DJ

Zydeco, Line Dance, Two Step,

Vendors, Raffles, Photo Booth and More

Let the Good Times Roll!

Methods of Payment

Zelle - decf1974@gmail.com

[Eventbrite: 2023decf-carnivalemystiquemardigrasgala.eventbrite.com](https://2023decf-carnivalemystiquemardigrasgala.eventbrite.com)

Mail Check or Money Order To:

DECF, P.O. Box 42227 - Houston, Texas 77242-227

For More Information Contact

Pamela Cashaw - DECF President - 713-515-6252 - pamela_cashaw@yahoo.com

Grace Macklin, Event Chair-832-438-6654-gmarie3283@sbcglobal.net

Helen Muhammad, Sponsors Chair - 713-398-2681 - helen.bourgeois27@gmail.com

Daphne Moss, Sponsors Co-Chair - 713-824-7614 - dmosix@aol.com

Donna Scott, Vendors - 832-978-7883 - donnayvon@aol.com



CONGRATULATIONS ON YOUR RETIREMENT



Dave and Daphne Moss

- 38 years as McDonald's Franchise Owner-Operators
- 1st restaurant awarded at Cullen & Reed Rd. in August of 1984.
- Second restaurant purchased in 1985 on W. Fuqua in Briargate.
- The Moss family grew to own 11 restaurants over the years, selling to help grow opportunities for other owners coming into the system.
- Daphne served throughout their years in business as Office Administrator, responsible for Payroll and HR, Customer complaints/Response and Office Accounts Payable.
- In December 2021, Dave sold 2 restaurants each to each of his sons, Joseph and Jordan, and on December 16, 2022, he sold his last 2 restaurants.
- He and Daphne have been active in the Black McDonald's Owners Association, both locally and nationally, the Houston Area McDonald's Association, where their dedication to serving the community has been at the forefront with various community service projects and yearly events.
- Dave has served 2 terms as President of the Houston Black McDonald's Owners Association, and has served on the Board of the National BMOA and various other organizations. He is a proud member of Nu Phi chapter of Omega Psi Phi while Daphne is a proud member of Delta Sigma Theta Sorority, Inc.
- Dave has been a board member of DECF since its inception, and was instrumental in helping to acquire Metropolitan Place. He served as President (2 terms) and now is recognized as President Emeritus.

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Website: www.decfonline.com



SAVE THE DATE

Mardi Gras Gala

Annual Scholarship Fund Raiser – Tickets are Available!

February 25, 2023 Westchase Marriott Hotel

MEMBERSHIP SERVICES

DECF membership drive is on-going. Join Now!!

Membership Dues: \$50.00. Payable to DECF.

Mail: DECF – Attention: Barbara Branch

P.O. Box 42227 Houston, TX 77242-2227

Or

Pay on-line: www.decfonline.com

Zelle: decf1974@gmail.com

For more Membership information contact Daphne Moss, Membership Chair
713-824-7614 – dmosix@aol.com

NEWSLETTER COMMITTEE: Pamela Cashaw, Daphne Moss, Bianca Dugas

Contact Pamela Cashaw for more information and/or if you have current information relative to social awareness, cultural development and community service projects to contribute.

Thank you for your continuous support!

DECF BOARD MEMBERS

Dave Moss
President Emeritus

Pamela Cashaw
President

Daphne Moss
Vice President

Jacquelyn Blossom
Secretary

Grace Macklin
Treasurer

Barbara Branch
Financial Secretary

Marna Arvie

Fraulyn Baisey

Linda Brown

Josephine Daniels

Maureen Gordon

Cynthia Jones

MISSION

DECF continues its commitment to service, scholarships and educational purposes, yet not limited to such purposes; we shall continue our endeavors in the areas of social awareness and cultural development in the communities we serve.